

Rules and Students Scale (RASS)

Period. _____

(circle one) boy / girl

	Strongly Disagree	Disagree	Agree	Strongly Agree
1. Safety rules in sports can take some of the fun out of the game. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Sometimes it is better to have fun and not ask for permission first. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Teachers and parents <u>often</u> do not understand the situation before they give orders or give permission. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. It is better to not ride a skate board and be safe than it is to ride a skate-board and risk getting hurt. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. If my parents told me not to play a sport because I might get hurt, I would play the sport anyway and not let them know. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I prefer playing in adult-supervised sports over neighborhood sports because the rules are enforced in supervised sports making them fairer. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I prefer to play sports at school than with the kids in my neighborhood because school sports are safer. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Every once in a while I like the thrill I get in doing something that is a little bit dangerous. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. If I cut or bruise myself when playing a game, I get the injury taken care of before I continue to play. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I consider myself a good student at school. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. When playing a game or a sport, I always wear protective equipment. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Protective equipment does not interfere with my ability to play the game. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I don't mind wearing protective equipment when I play sports. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I think that my appearance is important. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I am taller and larger than most of the students in my grade. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. The most challenging sports are often a little dangerous. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I like to step out in front of moving cars because I know they will stop. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Schools should not have games or sports in which students can get hurt. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I would not play a dangerous sport like football or skate boarding without adult supervision. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. If I broke a bone while playing a sport, I would not do this activity again. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>